

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frieda Botma**

Has successfully participated & completed the

**5km Eastern Nights Trail Run #6**

held at Benoni Country Club.

**TIME 00:54:15**

**PACE 10:51/km**

**GENDER 53 of 75**

**OVERALL 104 of 131**

**OVER 40 22 of 34**

12 December 2019, Thu

Date



*BoutTime*

Signature

